



Chicago Section IFT
the First Section



Know your Emeritus Member: Leah Lyon (Domrzalski)



Then

and



Now

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2012 **Wellness Educator:** An avid advocate of nutrition and its impact on health, presenting public service lectures on this topic for small groups, organizations, etc.
Assist husband Michael with his company MICOM Forms & Systems (32 years!)

1974-1976 **R&D Technologist**
Food Technology, Inc. - Chicago, IL

1976-1981 **Flavor Applications Technologist**
Technical Services Manager
Stepan Flavors & Fragrances – Northbrook, IL

1981-1986 **Technical Services Manager**
Bell Flavors & Fragrances – Northbrook, IL

For both Bell and Stepan: Managed daily operation of flavor applications laboratory including sensory design and evaluation, provided technical service to customers and sales representatives, created marketing plans & advertising based on technical research, and coordinated trade shows & customer presentations.

1980-2012 **Vice President** (now semi-retired)
MICOM Forms & Systems – Mount Prospect, IL

2001-2003 **Proactive Sales Associate**
Technical Sales Associates – Burr Ridge, IL



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Service:

Institute of Food Technologists:

Joined IFT as a graduate student at the University of Minnesota in 1974

Served on various committees with Chicago Section IFT 1975-1981

Secretary of Chicago Section Institute of Food Technologists 1982-1983

Program Chairman of Chicago Section Institute of Food Technologists 1983-1984

Chairman of Chicago Section Institute of Food Technologists 1984-1985

Nominations Chairman of Chicago Section Institute of Food Technologists 1985-1986

Served as Chairman, Committee Member & speaker at various CSIFT events & short-courses as well as related events in other food technology affiliations.

Education:

University of Minnesota & DePaul University: all coursework for M.S. Food Science: 1973-75

Western Illinois University: B.S. Education 1972, plus 4 quarters focused classes in food science.

Extras:

A variety of short-courses and classes in computer skills, creative thinking, sales, personal development, management, product development, investments, health & nutrition.

Today: I am an avid skier and a personal growth & development mentor. My husband Mike & I just celebrated our 37th Anniversary. Our son will graduate college this December!

Take-aways: I greatly respect the many IFT members with whom I was privileged to work, serve, and learn! Being an active member of IFT was integral to growing and succeeding in my career.

Even though I am no longer active in the industry, the knowledge, experience and friendships gained as an IFT member still serve me well and are remembered with appreciation!!

I am honored to have been invited to share a bit of my story here!