



Chicago Section IFT the First Section



Know your Emeritus Member: *Leah Lyon (Domrzalski)*



Then



and

Now

PO Box 302, Mt. Prospect, IL 60056

Phone: 847-827-0361

ldomrzalski@comcast.net

2012 ***Wellness Educator:*** An avid advocate of nutrition and its impact on health, presenting public service lectures on this topic for small groups, organizations, etc. Assist husband Michael with his company MICOM Forms & Systems (32 years!)

1974-1976 ***R&D Technologist***
Food Technology, Inc. - Chicago, IL

1976-1981 ***Flavor Applications Technologist***
Technical Services Manager
Stepan Flavors & Fragrances – Northbrook, IL

1981-1986 ***Technical Services Manager***
Bell Flavors & Fragrances – Northbrook, IL

For both Bell and Stepan: Managed daily operation of flavor applications laboratory including sensory design and evaluation, provided technical service to customers and sales representatives, created marketing plans & advertising based on technical research, and coordinated trade shows & customer presentations.

1980-2012 ***Vice President*** (now semi-retired)
MICOM Forms & Systems – Mount Prospect, IL

2001-2003 ***Proactive Sales Associate***
Technical Sales Associates – Burr Ridge, IL



Chicago Section IFT the First Section

**Service:****Institute of Food Technologists:**

Joined IFT as a graduate student at the University of Minnesota in 1974

Served on various committees with Chicago Section IFT 1975-1981

Secretary of Chicago Section Institute of Food Technologists 1982-1983

Program Chairman of Chicago Section Institute of Food Technologists 1983-1984

Chairman of Chicago Section Institute of Food Technologists 1984-1985

Nominations Chairman of Chicago Section Institute of Food Technologists 1985-1986

Served as Chairman, Committee Member & speaker at various CSIFT events & short-courses as well as related events in other food technology affiliations.

Education: University of Minnesota & DePaul University: all coursework for M.S. Food Science: 1973-75

Western Illinois University: B.S. Education 1972, plus 4 quarters focused classes in food science.

Extras: A variety of short-courses and classes in computer skills, creative thinking, sales, personal development, management, product development, investments, health & nutrition.

Today: I am an avid skier and a personal growth & development mentor. My husband Mike & I just celebrated our 37th Anniversary. Our son will graduate college this December!

Take-aways: I greatly respect the many IFT members with whom I was privileged to work, serve, and learn! Being an active member of IFT was integral to growing and succeeding in my career.

Even though I am no longer active in the industry, the knowledge, experience and friendships gained as an IFT member still serve me well and are remembered with appreciation!!

I am honored to have been invited to share a bit of my story here!